

# NEWSLETTER

## Parish of Aughaninshin Church of the Irish Martyrs



### ST. VINCENT DE PAUL

In 2015 alone, the Letterkenny Area SVP spent €203,498 helping those in need. Despite some recent economic improvements the number of people requiring our support remains stubbornly high. The sad truth of the situation is that, even in an improving economy it can still just take one small problem to tip a person into crisis and poverty.

To meet this growing need in the Letterkenny we have over 80 members volunteering 7 days a week, 52 weeks of the year. These visits give us a unique insight into the real difficulties families and individuals are facing. Our volunteers see a spirit of hopelessness as people continue to juggle their weekly bills to decide what they can pay for, food or fuel? If you'd like to support the SVP or to find out more about doing voluntary work for SVP locally, please contact our local conference directly on 0872943147 or 9129503. It would be wonderful to hear from you.

Our work would not be possible without the help and generosity of those who provide us with the financial means to carry it out. There are many people who provide assistance via direct donations, bequests, church gate collections etc and those who donate items for sale in the SVP Shop, Vincent's, Lower Main Street. On behalf of all the SVP members in Letterkenny we wish to acknowledge this generosity and extend sincere thanks to the people of the wider Letterkenny area who make it all possible.

Kathleen Ponsonby  
Letterkenny Area President



### Times of Masses & Services

#### Mass Times

##### Sunday Masses

Saturday Evening	6.30pm
Sunday Morning	9.30am & 11.30am

##### Weekday Masses

Monday to Friday	7.30am & 9.30am
Saturday	9.30am

#### Confessions

After Saturday evening Mass or on request

#### Eucharistic Adoration

Wednesdays after 9.30am Mass until 9pm  
1st Saturday from 7.30pm to 9.30am Sunday

### LEARNING ABOUT THE MASS



#### The Altar

Another word for Altar is table. The Altar table is in the centre of the part of God's House that we call the sanctuary. Sanctuary means 'holy' and this indeed is a holy place. The servers prepare the Altar. They put the following on the Altar:

The Corporal: a square shaped white cloth on which the paten and chalice are placed.

The Roman Missal: the book from which the priest reads the prayers.

The Purificators: small white towels which are used to clean the chalice and paten later in the Mass.



"...whoever honours a mother is like someone amassing a fortune."

*Ecclesiasticus/Sirach 3:4.*

On this Mothering Sunday we remember mothers in the developing world who struggle, through no fault of their own, to care for their children. Mothers like Teresina Karimi in Kenya who skips meals so her children can eat. We pray that with Trócaire's support Teresina will be able to look forward to a brighter future. Find out more at [www.trocaire.org](http://www.trocaire.org).

## RELAY FOR LIFE DONEGAL 2016

takes place at the LYIT on 4th & 5th June 2016 and we are now open for Team entries. Relay For Life is a 24 hour event that brings the whole community together to Celebrate the lives of cancer survivors, Remember those lost to the disease and Fight Back by increasing knowledge and awareness of cancer. If you are interested in taking part at this year's event, then please contact us at "relayforlifedonegal@gmail.com" or on (087)2482775.

## SONGS OF PRAISE

Conwal Parish Church. Sunday, 6<sup>th</sup> March at 7.30pm. Come along and sing your favourite hymns. Conducted by Canon Stewart Wright. Special guest: Very Rev Dr Philip Knowles, former Dean of Cashel. Organist: Mr. John Dawson. Also featuring: Gaudium choir, under the direction of Daniel Braddell, Sunday School Children's Choir. Saxophone Duet. Everyone most welcome

## LETTERKENNY C.D.P. COURSE AND WORKSHOPS

Stress Management WORKSHOP, Woodturning WORKSHOP, Sewing Course, Decoupage/Up Cycling Course, Art Basic Watercolours, Basic Car Maintenance. All Courses will run subject to numbers interested. For further info or to book your place, contact us on 0749120633.

## LETTERKENNY COMMUNITY CENTRE

Is offering free meeting and training space for start-up groups with community, not-for-profit and charitable aims through its new initiative 'Letterkenny Community Hub'. This is a place for people to come together to collaborate and develop their ideas for start-up organisations. If you are interested, request an expression of interest form via email at letterkennycommunityhub@gmail.com or via reception on 074 9122761

## LETTERKENNY ACTIVE RETIREMENT ASSOCIATION

We look forward to seeing representatives and as many members as possible attending the County gathering of our clubs in Letterkenny on Thursday 10th March at 2pm in THE REGIONAL CULTURAL CENTRE. The meeting will be addressed by our chairperson RORY CLEARY followed by a discussion. TEA/COFFEE / FINGER FOOD will be served. DANCING to live band 3pm - 5pm.

## ANAM CARA

Is holding a Bereavement Information Evening on Thursday 10<sup>th</sup> of March from 19:30 to 21:30 in the Mount Errigal Hotel, Letterkenny, Co. Donegal. All Anam Cara Services are available free of charge to bereaved parents. Anam Cara will need to confirm numbers for room set up, we would appreciate if you could RSVP to info@anamcara.ie before Wednesday, 9<sup>th</sup> March or call us on 01 4045378.

## WELLNESS WORKSHOP

SOS in partnership with Raphoe Family Resource Centre is hosting a Wellness Workshop on Thursday, 10th March, in the Raphoe Family Resource Centre, The Volt House, Raphoe, Co. Donegal. This is a full day workshop running from 9am – 4.30pm with lunch included. This is a one day workshop that aims to help people understand and take responsibility for their own mental health. If you or anyone you know would like to attend please contact Jacqui or Lisa on 1890 577 577 to book your FREE place. \* Please note that we can only take bookings by telephone.\*

## LETTERKENNY CARE OF THE AGED

A social for the 'Young at Heart Club' will take place in the Social Centre, Oliver Plunkett Road on Tuesday, 8th March at 8pm. This social will be hosted by the Manchester United Supporters Club.

## MASS FOR IRELAND, ST MEL'S CATHEDRAL

Saturday, 19th March. An Teaghlach Naofa is dedicated to The Holy Family of Nazareth and under the patronage of St. John Paul. We are having a Mass for Ireland in St. Mel's Cathedral, Longford on Saturday 19th March, feast day of St. Joseph, with prayers for wellbeing of families, marriages, protection of human life in Ireland. Rosary at 2.30 p.m and procession to altar of The Holy Family. Mass at 3 p.m., Holy Hour 4 p.m. For further information contact Kitty on 086-0405621 or visit the website at www.anteaghlachnaofa.ie.

## Seeds of Faith Newsletter



For March / April is available in the Porch or on our website

[www.irishmartyrs.com/parishnews/newsletter](http://www.irishmartyrs.com/parishnews/newsletter)

## Parish Contact Details

### Fr. Brian Quinn

Address: Parochial House, Ballyraine, Letterkenny, Co. Donegal  
Phone: 074-9127600 Email: [irishmartyrschurch@gmail.com](mailto:irishmartyrschurch@gmail.com)

### Fr. James Gillespie

Address: Priest's House, Carnamuggagh, Letterkenny  
Phone: 074-9122608 Email: [irishmartyrscurate@gmail.com](mailto:irishmartyrscurate@gmail.com)

### Parish Office

Address: Parochial House, Ballyraine, Letterkenny, Co. Donegal  
Phone: 074-9127600  
Email: [irishmartyrschurch@gmail.com](mailto:irishmartyrschurch@gmail.com)  
Website: [www.irishmartyrs.com](http://www.irishmartyrs.com)

## Baptisms

1st & 3rd Sunday of the month at 12.30pm  
2nd & 4th Saturday of the month at 4pm

Parents who wish to have their child baptised must give at least 2 weeks notice and will be visited by members of the Baptism Preparation Team to assist you in your preparation for the Sacrament.

## Irish Martyrs

074-9122366 / 087-1190040

## Cathedral

074-9129503

